

YNE Winter Open 11/01/2020

Name	Team	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	IPF Points
Joanne Todd	Unattached	FR-G	58.00	63	80.0	85.0	90.0	90.0	57.5	-60.0	-60.0	57.5	147.5	120.0	125.0	130.0	130.0	277.5	495.11
Eleanor Smith	Durham Powerlifting Club	FR-G	60.00	63	75.0	82.5	90.0	90.0	42.5	-45.0	-45.0	42.5	132.5	95.0	105.0	112.5	112.5	245.0	427.83
Samantha Cadman	Doncaster Allrounders	FR-G	73.00	84	90.0	100.0	110.0	110.0	65.0	70.0	75.0	75.0	185.0	125.0	135.0	145.0	145.0	330.0	534.43
Nicole Latham	Unattached	FR-G	73.80	84	75.0	82.5	90.0	90.0	42.5	-47.5	-47.5	42.5	132.5	107.5	115.0	122.5	122.5	255.0	410.40
Chloe Lancaster	Durham Powerlifting Club	FR-O	56.40	57	92.5	97.5	-102.5	97.5	50.0	52.5	55.0	55.0	152.5	105.0	112.5	120.0	120.0	272.5	492.16
Kimberley Dodge		FR-O	56.40	57	82.5	90.0	-92.5	90.0	50.0	52.5	-55.0	52.5	142.5	100.0	107.5	112.5	112.5	255.0	458.76
Sarah Jordan	Unattached	FR-O	57.00	57	80.0	90.0	-97.5	90.0	45.0	-47.5	-47.5	45.0	135.0	100.0	110.0	-120.0	110.0	245.0	437.58
Debbie Gathercole	Unattached	FR-O	60.60	63	115.0	120.0	125.0	125.0	65.0	70.0	-72.5	70.0	195.0	140.0	145.0	150.0	150.0	345.0	608.27
Veda Ong	Durham Powerlifting Club	FR-O	60.40	63	110.0	117.5	125.0	125.0	57.5	60.0	62.5	62.5	187.5	115.0	-122.5	125.0	125.0	312.5	549.89
Katie Travers	Gateshead Powersports	FR-O	61.00	63	-105.0	105.0	112.5	112.5	47.5	50.0	-52.5	50.0	162.5	135.0	142.5	-147.5	142.5	305.0	533.72
Kate clarke	Unattached	FR-O	60.60	63	105.0	-115.0	-115.0	105.0	55.0	60.0	-62.5	60.0	165.0	120.0	132.5	-140.0	132.5	297.5	521.70
Hannah Holliday	Unattached	FR-O	71.00	72	95.0	102.5	110.0	110.0	52.5	57.5	-60.0	57.5	167.5	105.0	120.0	132.5	132.5	300.0	491.02
Karina Hastie	Durham Powerlifting Club	FR-O	68.20	72	95.0	105.0	110.0	110.0	45.0	47.5	-50.0	47.5	157.5	107.5	115.0	-122.5	115.0	272.5	452.70
Sarah Whittle	Unattached	FR-O	70.20	72	75.0	85.0	92.5	92.5	40.0	-42.5	-42.5	40.0	132.5	90.0	100.0	110.0	110.0	242.5	397.41
Sarah Corbett	Unattached	FR-O	76.40	84	125.0	135.0	-137.5	135.0	67.5	-72.5	72.5	72.5	207.5	165.0	-175.0	-175.0	165.0	372.5	592.11
Amanda Howes	Unattached	FR-O	80.60	84	115.0	120.0	-125.0	120.0	-62.5	62.5	-65.0	62.5	182.5	125.0	130.0	135.0	135.0	317.5	494.15
Harry Kirk	Unattached	MR-G	84.60	93	142.5	150.0	160.0	160.0	-100.0	100.0	-112.5	100.0	260.0	160.0	177.5	182.5	182.5	442.5	411.94
Ian Duckett	Unattached	MR-O	65.40	66	110.0	120.0	130.0	130.0	80.0	85.0	-87.5	85.0	215.0	170.0	180.0	-185.0	180.0	395.0	439.01
Samriddha Ranjan	TSG Powerlifting	MR-O	72.20	74	165.0	172.5	180.0	180.0	107.5	115.0	-120.0	115.0	295.0	207.5	220.0	-232.5	220.0	515.0	553.68
Sam Bennett	Durham Powerlifting Club	MR-O	73.00	74	130.0	140.0	145.0	145.0	90.0	100.0	-110.0	100.0	245.0	140.0	150.0	160.0	160.0	405.0	413.67
James Silk	Durham Powerlifting Club	MR-O	73.00	74	-120.0	-120.0	-120.0	0.0	82.5	-87.5	87.5	87.5	87.5	160.0	170.0	175.0	175.0	262.5	238.26
Jake Lonsdale	Unattached	MR-O	80.00	83	195.0	200.0	205.0	205.0	125.0	-127.5	127.5	127.5	332.5	230.0	242.5	-250.0	242.5	575.0	582.94
Jack Beazley	Unattached	MR-O	80.80	83	195.0	205.0	215.0	215.0	120.0	125.0	-130.0	125.0	340.0	220.0	227.5	235.0	235.0	575.0	578.87
Joshua Ellis	Unattached	MR-O	81.60	83	180.0	195.0	205.0	205.0	120.0	130.0	-135.0	130.0	335.0	215.0	225.0	240.0	240.0	575.0	574.88
Rohan Lal	Durham Powerlifting Club	MR-O	79.60	83	160.0	185.0	195.0	195.0	100.0	105.0	110.0	110.0	305.0	180.0	190.0	210.0	210.0	515.0	515.12
Chris Downey	Unattached	MR-O	82.80	83	-170.0	170.0	180.0	180.0	92.5	-97.5	-97.5	92.5	272.5	220.0	232.5	237.5	237.5	510.0	495.15
Petur Einarsson Nielsen	Unattached	MR-O	80.40	83	190.0	202.5	-210.0	202.5	90.0	100.0	102.5	102.5	305.0	185.0	190.0	195.0	195.0	500.0	494.06
Elliott Smith	Unattached	MR-O	77.80	83	-147.5	147.5	155.0	155.0	117.5	122.5	130.0	130.0	285.0	180.0	190.0	-195.0	190.0	475.0	476.47
Tin Kui Lo	Durham Powerlifting Club	MR-O	80.40	83	165.0	-175.0	-175.0	165.0	95.0	100.0	-105.0	100.0	265.0	185.0	195.0	-200.0	195.0	460.0	447.75
Stephen Campbell	Unattached	MR-O	92.80	93	222.5	235.0	240.0	240.0	157.5	-165.0	-165.0	157.5	397.5	222.5	240.0	250.0	250.0	647.5	604.04
Samuel Cook	Unattached	MR-O	90.40	93	205.0	220.0	227.5	227.5	110.0	122.5	-130.0	122.5	350.0	220.0	240.0	250.0	250.0	600.0	563.11
James Zahra	Durham Powerlifting Club	MR-O	90.60	93	205.0	215.0	220.0	220.0	130.0	-137.5	140.0	140.0	360.0	210.0	220.0	230.0	230.0	590.0	551.51
Liam Thorpe	Unattached	MR-O	90.00	93	197.5	207.5	215.0	215.0	132.5	140.0	-147.5	140.0	355.0	212.5	222.5	-235.0	222.5	577.5	540.41
Peter Billington	Heavy Metal Powerlifters	MR-O	84.20	93	170.0	182.5	-190.0	182.5	125.0	-132.5	-132.5	125.0	307.5	225.0	240.0	-250.0	240.0	547.5	531.55
Ian Flounders	Fitness Affinity	MR-O	92.20	93	175.0	185.0	197.5	197.5	120.0	127.5	132.5	132.5	330.0	200.0	-215.0	215.0	215.0	545.0	497.15
Harvey Todd	Durham Powerlifting Club	MR-O	88.00	93	-180.0	180.0	192.5	192.5	120.0	125.0	127.5	127.5	320.0	185.0	197.5	210.0	210.0	530.0	496.50
Michael Harrison	Unattached	MR-O	89.00	93	145.0	160.0	170.0	170.0	120.0	130.0	-140.0	130.0	300.0	205.0	220.0	230.0	230.0	530.0	492.70
Zoltan Hesley	Fire Power Powerlifting	MR-O	91.20	93	-140.0	140.0	152.5	152.5	70.0	80.0	82.5	82.5	235.0	140.0	150.0	160.0	160.0	395.0	339.62
Matthew Dempsy	Wakefield Strength Academy	MR-O	105.00	105	230.0	250.0	260.0	260.0	150.0	157.5	-162.5	157.5	417.5	230.0	240.0	250.0	250.0	667.5	578.98
Robert Hunt	Fatboy Strong Powerlifting	MR-O	102.20	105	230.0	242.5	252.5	252.5	130.0	135.0	142.5	142.5	395.0	235.0	247.5	260.0	260.0	655.0	575.99
Alasdair Kirby	Unattached	MR-O	102.40	105	202.5	217.5	220.0	220.0	127.5	-135.0	-135.0	127.5	347.5	205.0	207.5	212.5	212.5	560.0	479.58
Sam Bye	Unattached	MR-O	105.60	120	210.0	220.0	232.5	232.5	110.0	-115.0	-115.0	110.0	342.5	250.0	265.0	280.0	280.0	622.5	532.38